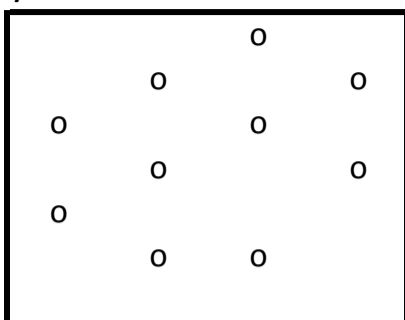


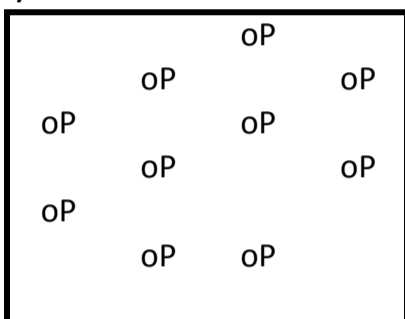
Fun Games - Hurling

Roll lift / Jab lift



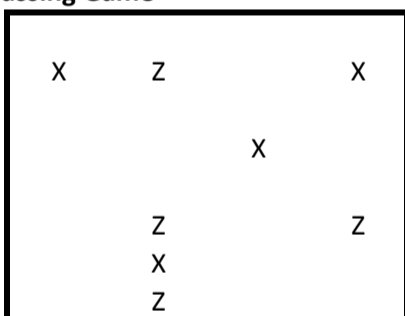
Make a square approx: 20m x 20m
 Scatter sliothars about the square. 1 sliothar per player.
 Players have to see how many sliothars they can lift in 45seconds.
 Remove a quarter of the sliothars and increase the time to 55 seconds.
 See if any player can match or beat their previous score
 Players are not allowed lift the same ball consecutively
 Encourage players to move four steps with the ball in hand before dropping it.

Dribble / Tackle



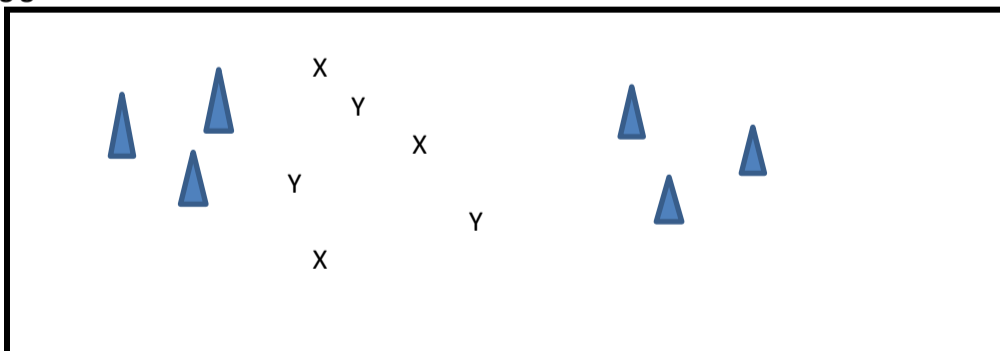
Make a square approx: 20m x 20m
 Each player dribbles their sliothar around the square while trying to knock another players sliothar out of the square.
 Players are not allowed put their foot on the ball
 Last person left in the square, with the ball, wins.
 Put a time limit on the game.

Handpassing Game



Set up a square approx 20m x 20m
 2 or 3 teams. 3 or 4 players on each team.
 To score, a team must complete 2 handpasses without dropping the ball
 A player cannot pass the ball directly back to the player who passed to him
 When a team scores the coach restarts the game by throwing up the ball between one member of each team.
 Encourage the players to move into space to receive a pass.

Striking game



Two teams of 3 players each defend a triangular goal and attempt to score in their opponents goal. Goals may be scored into the triangle from any side