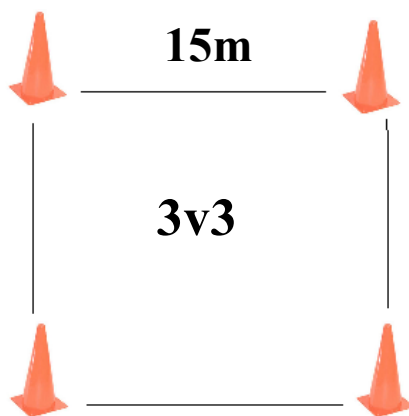


Attacking Play

Attacking Play

Hand passing to develop attacking play.

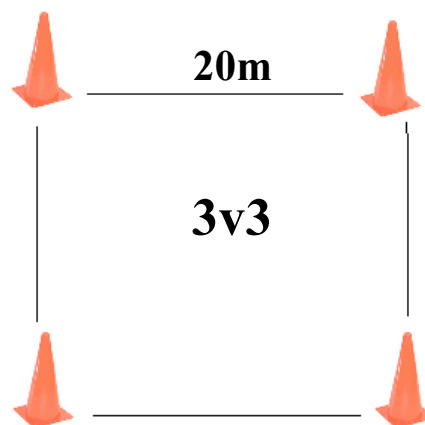
- Set up a grid of four cones 15m apart.
- Divide the six players into two teams of three- 3 v 3



Attacking Play

Kick Passing to Develop Attacking Play

- Set up a square grid
- Cones 20m apart
- Divide the 6 players into two teams so 3 v 3



(Ollie Coffey-GDA Limerick)